

# Active Transportation Funding Policy

## Nashville Area Metropolitan Planning Organization (MPO)



Learn how the Nashville MPO is changing the built environment to make active transportation easier and safer to use in the region!

The Nashville MPO policy seeks to

- Increase infrastructure for walking
- Increase infrastructure for biking
- Increase transportation options for all users (especially zero-car households)
- Increase use of active transportation (biking, walking, and transit)

*This policy is implemented in **community settings** via transportation planning organizations, such as MPOs, and by working with multidisciplinary partners.*



**Nashville MPO Policy Achievements to Date:**

1. **70%** of roadway projects adopted in the long-range plan include sidewalks, bicycles lanes, or shared-use lanes (**up from 2%**).
2. Nashville Active Transportation program awarded **\$2.5 million** in 2012 to 7 infrastructure projects and 1 education project.

Discover *how* the MPO put this policy into motion, including:

- Educating stakeholders about the importance of connecting health and transportation in a transportation plan
- Conducting formative work that incorporates public input
- Working with multidisciplinary stakeholders/partners
- Adopting a policy to support the vision expressed by the public
- Allocating funding to support the policy and the vision
- Establishing a way to measure progress over time.

The Active Transportation Funding Policy intervention model, available for download at [www.centertrt.org](http://www.centertrt.org), includes:



- Core elements of the intervention
- How to implement
- Resources required
- Potential public health impact



The Center of Excellence for Training and Research Translation (Center TRT) is devoted to bridging the gap between research and public health practice with an emphasis on nutrition, physical activity, and the prevention and control of cardiovascular disease and obesity.

To advance the skills of public health practitioners, the Center TRT provides in-person and web-based trainings. To promote evidence-informed practice, the Center TRT identifies, translates and disseminates interventions, including the one featured above. To download the translated intervention and accompanying materials, visit the Center TRT website at [www.center-trt.org](http://www.center-trt.org)

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