

List of Intervention Strategies and Associated Supporting Documents

INTERVENTION STRATEGIES	SUPPORTING DOCUMENTS*					
	COCOMO	Breastfeeding Interventions	Childhood OP Policies	Local Gov't Actions	Promising Strategies	Community Guide
BREASTFEEDING						
Education for Mothers about Breastfeeding during Prenatal & Intrapartum Periods		✓	✓			
Maternity Care Practices in the Hospital Setting		✓				
Media Campaigns and Social Marketing Promoting Breastfeeding		✓				
Peer Support for Breastfeeding		✓				
Professional Support for Breastfeeding by Health Professionals		✓				
Support for Breastfeeding in the Workplace		✓			✓	
HEALTHY EATING						
Changing Access & Availability to Favor Healthy Foods & Beverages	✓		✓	✓	✓	
Community-Wide Campaigns to Promote Healthy Eating	✓		✓	✓	✓	
Comprehensive Nutrition Programs in a Single Setting					✓	✓
Food and Beverage Marketing to Favor Healthy Foods and Beverages	✓		✓	✓	✓	
Increase Purchasing and Use of Foods from Local Farms	✓				✓	
Individual Counseling about Healthy Eating			✓			
Point-of-Purchase/Decision Labeling to Favor Healthy Foods & Beverages				✓		
Pricing strategies (including taxation) to Favor Healthy Foods & Beverages	✓			✓		
School Nutrition Programs to Promote Healthy Eating	✓			✓	✓	
Social Support for Healthy Eating						✓
Urban Planning/Zoning Approaches to Facilitate Healthy Eating	✓			✓	✓	
PHYSICAL ACTIVITY						
Active Transportation	✓		✓	✓	✓	✓
Community-Wide Campaigns to Promote Physical Activity	✓			✓	✓	✓
Decreasing Screen Time and Other Sedentary Behaviors	✓		✓	✓		✓
Increasing Access to and Number of Places for Physical Activity	✓		✓	✓	✓	✓
Individually-tailored Health Behavior Change Programs to Increase Physical Activity						✓
Point-of-Decision Prompts for Stairwell Use				✓		✓
School-based Physical Activity and Physical Education	✓		✓		✓	✓
Social Support for Physical Activity						✓
Urban Design/Policy and Zoning to Facilitate Physical Activity	✓			✓	✓	✓

*Click [here](#) for a complete list of the supporting documents.